

FEBRUARY 2023 RECAP

Eating Disorder Awareness Week Successes

EDC Commemorates the White House Presidential Proclamation for Eating Disorders Awareness Week

The EDC thanks President Biden for continuing to bring attention to eating disorders & reaffirming that with early access to treatment and support, a full recovery is possible.



#eatingdisordersawarenessweek
#edaw

EDC PRESS RELEASE

WHITE HOUSE PROCLAMATION

**Six State Governments
Introduced Resolutions for
Eating Disorders Awareness Week**



California



Maine



New York



Pennsylvania



Delaware



Kentucky

**andid Conversation on Why Mental Health Needs to Be Treated
on Par with Physical Health**

#EATINGDISORDERSAWARENESSWEEK



Johanna Kandel

She/Her

Founder & CEO, National Alliance
for Eating Disorders



Ali Khawar

He/Him

Principal Deputy Assistant Secretary,
Employee Benefits Security Administration



Jillian Lampert, PhD, MPH, RD, LD, FAED

She/Her

EDC Board Member, REDC President, Chief
Strategy Officer Accanto Health

Ali Khawar, Principal Deputy Assistant Secretary of the
Employee Benefits Security Administration at the Department of Labor

Jillian Lampert, EDC Board Member, REDC President, and
Chief Strategy Officer with Accanto Health

Johanna Kandel, Founder & CEO of National Alliance for Eating Disorders

WATCH RECORDING

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THANK YOU!

The EDC would like to thank our community for its support during Eating Disorder Awareness Week!

We had tremendous participation with our tool kit and over 1,000 people participated in our Day of Action!



The Telemental Health Parity Letter was sent to the U.S. Department of Labor requesting the agency to continue telehealth care for mental health after the COVID-19 Public Health Emergency ends.

Because of our communities' advocacy,
30 members of Congress signed onto the letter!

[**VIEW FULL LETTER**](#)

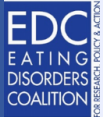
EDC Advocacy Day

Thursday, May 18, 2023

Join the EDC for a **VIRTUAL Advocacy Day** to help pass eating disorder legislation!

No experience is needed!

You will learn how to share your story in a way that leaves a notable impact.



Registration: \$10 (\$5 for 25 and Under)
Scholarships Available

REGISTER

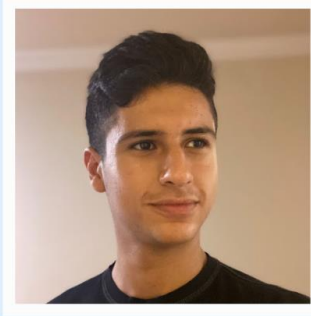
YOUNG ADULT COUNCIL CORNER

YOUNG ADULT COUNCIL BLOG SERIES



Annalee Drumm
Young Adult Council
Member, Pennsylvania

Learn about their
dedication and passion to
advocacy and what led
them to become involved
with the EDC.



Najman Mahboub
Young Adult Council
Member, California



EDC
EATING
DISORDERS
COALITION

[READ BLOG POST](#)

STORY COLLECTIONS

OUR STORIES TELEMENTAL HEALTH CARE

SHARE YOUR EXPERIENCE WITH
TELEHEALTH SERVICES!



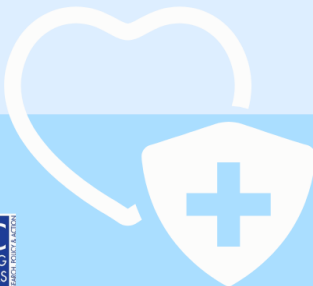
EDC
EATING
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COALITION

Help the EDC
show Congress
why they must
continue funding
for telehealth
services.

SHARE YOUR STORY

OUR STORIES INSURANCE DISCRIMINATION

SHARE YOUR EXPERIENCE OF
INSURANCE DISCRIMINATION!



EDC
EATING
DISORDERS
COALITION



Help the EDC
better enforce
laws that govern
insurance
companies &
whether they can
deny mental
health care
coverage.

SHARE YOUR STORY

BECOME AN EDC AMBASSADOR

Be an EDC leader in your state.

Raise awareness for eating disorders.

Share your story with Members of Congress.

Help pass eating disorders legislation.

Inspire others to get involved with advocacy.

And more!



SIGN UP

Ambassador Spotlight



Jane Zeltser
Maryland Ambassaor



EDC Spotlight: Jane Zelster

Being an EDC ambassador has had an exponential impact for Jane. She encourages everyone to get involved in advocacy and offers this advice:

"Your one voice can help millions of people. There is no shame in having an eating disorder. We can choose to help others experience less suffering. In doing so, you reduce the shame you felt during your suffering."



SIGN UP FOR EDC ACTION ALERTS

Be an advocate for eating disorder issues
on Capitol Hill!



SIGN UP

EDC MEMBERS

Champions Circle

Accanto Health
Monte Nido & Affiliates
REDC

Strategic Training Initiative for Prevention of Eating Disorders (STRIPED)

Executive Circle

Eating Recovery Center
Equip Health
National Alliance for Eating Disorders
National Eating Disorders Association (NEDA)

Policy Circle

Be Real USA
Galen Healthcare Solutions
Suncloud Health

The Renfrew Center
Timberline Knolls
Within Health

Leadership Circle

Academy for Eating Disorders
Donohue Family Foundation
International Association of Eating Disorders Professionals (laedp)
Montecatini
National Center of Excellence for Eating Disorders (NCEED)
Project Heal

Advocacy Circle

Alsana
Center for Change
Laureate Eating Disorders Program
WithAll

Support Circle

Academy of Nutrition and Dietetics
Cambridge Eating Disorder Center
Center for Discovery
Eating Disorders Hope
EDCare
Farrington Specialty Center
Multi-Service Eating Disorders Association (MEDA)

Hope Circle

Anorexia Nervosa & Associated Disorders
Carolina Resource Center for Eating Disorders
Eating Disorders Coalition of Iowa (EDIC)
International Federation of Eating Disorders Dietitians (IFEDD)
McCallum Place
Rogers Behavioral Health
Stay Strong Virginia
The Eating Disorder Foundation
Wrobel & Smith, PLLP



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