July 18, 2023

The Honorable Charles Schumer,  
Majority Leader  
322 Hart Senate Office Building  
Washington, D.C. 20510

The Honorable Maria Cantwell, Chair  
U.S. Senate Committee on Commerce, Justice,  
and Transportation  
254 Russell Senate Office Building  
Washington, D.C. 20510

The Honorable Mitch McConnell,  
Minority Leader  
317 Russell Senate Office Building  
Washington, D.C. 20510

The Honorable Ted Cruz, Ranking Member  
U.S. Senate Committee on Commerce, Justice,  
and Transportation  
254 Russell Senate Office Building  
Washington, D.C. 20510

Dear Majority Leader Schumer, Minority Leader McConnell, Chair Cantwell and Ranking Member Cruz,

On behalf of the 211 undersigned national, state, and local organizations, we are writing to urge you in your leadership capacity to move the bipartisan Kids Online Safety Act (S. 1409) as well as strong privacy protections for kids and teens online toward swift passage out of the U.S. Senate Committee on Commerce, Justice, and Transportation this summer and move to the floor for a vote.

As you know, the bipartisan legislation passed out of the U.S. Senate Committee on Commerce, Science and Transportation unanimously last Congress and its reintroduction in the 118th Congress continues to have the potential to significantly improve young people’s wellbeing by transforming the digital environment for children and teens.

Overall, youth have been faced with a growing mental health crisis in recent years. For instance, depression rates for teens doubled between 2009 and 2019. This is happening at a time when suicide is the second leading cause of death for U.S. youth, with one in five teens considering suicide during the pandemic, and eating disorder emergency room admissions for teen girls 12- to 17-years-old doubling since 2019. While declines in youth mental health are attributable to numerous factors, the growing use of social media platforms designed in ways that increase exposure to harmful content and encourage unhealthy patterns of use have contributed to these trends.

After numerous hearings and abundant research findings, the evidence is clear of the potential harms social media platforms can have on the brain development and mental health of our nation’s youth, including hazardous substance use, eating disorders, and self-harm. Below are just some of the stark national findings:

- Instagram includes 90,000 unique pro-eating disorder accounts with a reach of 20 million followers.
- Children as young as 9 and 10 follow three or more pro-eating disorder accounts.
- Meta derives an estimated $230 million annually from pro-eating disorder accounts.

- Fifty-nine percent of U.S. teens report being bullied on social media, an experience linked to increased risky behaviors such as smoking and increased risk of suicidal ideation.

- Twenty-five percent of 9- to 17-year-olds report having had an online sexually explicit interaction with someone they believed to be an adult.

It has been long established that adolescence is associated with neurological changes that promote cravings for social attention, feedback, and status. Aberrations in our brain growth during these periods may have lifetime implications. While research on associations between social media use is emerging, there are data to suggest possible developmental benefits from online social interaction. However, several distinct lines of inquiry also suggest pathways that link social media use to maladaptive outcomes, including engagement in risky behavior, psychological symptoms, illegal behavior, and aberrant brain development.

The Kids Online Safety Act seeks to hold social media companies accountable after their repeated failures to protect children and adolescents from the practices that make their platforms more harmful. The bill establishes a duty of care for social media companies to protect minors from mental health harms, sexual trafficking, and narcotics. Additionally, the bill requires companies to go through independent, external audits, allows researcher access to platform data assets, and creates substantial youth and parental controls to create a safer digital environment.

The lack of transparency into the inner workings, policies and measured impacts of these platforms must be addressed now. The impact of social media algorithms on the user experience is woefully understudied due in large part to the lack of visibility by researchers into the data and how algorithms work. The enormity of the youth mental health crisis needs to be addressed as the very real harms of social media are impacting our children today.

The Kids Online Safety Act of 2023 builds on the version from the 117th Congress by clarifying key definitions and rules to better focus on urgent harms to kids, particularly the harms we know dramatically impact the LGBTQ+ communities.

Through your leadership, you both have the power to contribute to tackling this growing issue through advancing the Kids Online Safety Act and strong privacy protections for kids and teens online, as the wellbeing of future generations depend on it.

We thank you for your attention to this issue and look forward to continuing to work with you.

Sincerely,

Academy for Eating Disorders
Accanto Health
Accountable Tech
Active Minds
Alabama Chapter, American Academy of Pediatrics
Alaska Eating Disorders Alliance
Alexander Neville Foundation
American Academy of Pediatrics
American Association for Psychoanalysis in Clinical Social Work
American Association for the Child's Right to Play
American Association of Child and Adolescent Psychiatry
American Counseling Association
American Foundation for Suicide Prevention
American Group Psychotherapy Association
American Psychological Association
Anxiety and Depression Association of America
Arizona Chapter, American Academy of Pediatrics
Arkansas Chapter, American Academy of Pediatrics
Association For Ambulatory Behavioral Healthcare
Association for Behavioral and Cognitive Therapies
Association of Latino Administrators and Superintendents [ALAS]
BALANCE eating disorder treatment center
Banu Foundation
Be Real USA
Becca Schmill Foundation
Berkeley Media Studies Group
Body Activists
California, American Academy of Pediatrics – Chapter 1
California, American Academy of Pediatrics – Chapter 2
California, American Academy of Pediatrics – Chapter 3
Carly Ryan Foundation
Carolina Resource Center for Eating Disorders
Center for Change
Center for Digital Democracy
Center for Discovery Eating Disorders Treatment
Center for Humane Technology
Center for Intuitive Eating
Center for Online Safety
Chasing Hope Foundation
ChildFund International
Children and Adults with Attention-Deficit/Hyperactivity Disorder
Children and Screens: Institute of Digital Media and Child Development
Citizens for Decency
Clementine Programs

Clinical Social Work Association

Colorado Chapter, American Academy of Pediatrics

Common Sense Media

Consumer Action

Council of University Directors of Clinical Psychology

D.C. Chapter, American Academy of Pediatrics

Defending the Early Years

Delaware Chapter, American Academy of Pediatrics

Depression and Bipolar Support Alliance

Design It For Us

Devin J. Norring Foundation

Discovery Mood & Anxiety Program

Disordered Eating Center of Charleston- Charleston, West Virginia

Early Childhood Work Group, Screen Time Action Network at Fairplay

Eating Disorder Coalition of Iowa

Eating Disorder Foundation

Eating Disorder Resource Center

Eating Disorders Coalition for Research, Policy, & Action

Eating Disorders New Hampshire

Eating Disorders Resource Center of Silicon Valley
Eating Recovery Center
EDGE Consulting Partners
EDRCSV
Emily Program
Enough Is Enough
Equip Health
Erik's Cause
Fairplay
Farrington Specialty Centers
Florida Chapter, American Academy of Pediatrics
For You
From Love
Galen Hope
Georgia Chapter, American Academy of Pediatrics
Global Hope 365
#HalfTheStory
Idaho Chapter, American Academy of Pediatrics
IFEDD, The International Federation of Eating Disorder Dietitians
Illinois Certified Recovery Support Specialist
Illinois Chapter, American Academy of Pediatrics
Indiana Chapter, American Academy of Pediatrics
Inner Explorer

Inner Haven

Inseparable

International Society for Psychiatric Mental Health Nurses

Iowa Chapter, American Academy of Pediatrics

Issue One

Josselyn

Kansas Chapter, American Academy of Pediatrics

Kennedy Forum

Kentucky Chapter, American Academy of Pediatrics

Kentucky Eating Disorder Council

LiveMore ScreenLess

Lookup.live

Louisiana Chapter, American Academy of Pediatrics

Lynn's Warriors

Maine Chapter, American Academy of Pediatrics

Maryland Chapter, American Academy of Pediatrics

Massachusetts Chapter, American Academy of Pediatrics.

Massachusetts PTA

Maternal Mental Health Leadership Alliance

McCallum Place Eating Disorder Centers
Media Education Foundation
Mental Health America
Mental Health America of Arizona
Mental Health America of Augusta
Mental Health America of Greater Dallas
Mental Health America of Greater Houston
Mental Health America of Hawaii
Mental Health America of Hendricks County
Mental Health America of Illinois
Mental Health America of Kentucky
Mental Health America of West Central Indiana, Inc.
Mental Health Association of Monmouth County
Mental Health Association of South MS
Mental Health Minnesota
Mental Health Summit
Mental Health Work Group, Screen Time Action Network at Fairplay
Michigan Eating Disorders Alliance
Mississippi Chapter, American Academy of Pediatrics
MO Eating Disorders Association
MO Eating Disorders Council
Monte Nido and Affiliates
Multi-Service Eating Disorders Association, Inc (MEDA)

NAMI Barrington Area

NAMI CCNS

NAMI Champaign

NAMI South Suburbs

NAMI Will-Grundy

National Alliance for Eating Disorders

National Alliance on Mental Illness

National Association for Children's Behavioral Health

National Association of Pediatric Nurse Practitioners

National Association of Social Workers

National Association of State Mental Health Program Directors

National Center of Excellence for Eating Disorders

National Center on Sexual Exploitation

National Eating Disorders Association

National Federation of Families

National League for Nursing

NC Pediatric Society

Nebraska Chapter, American Academy of Pediatrics

Nevada Chapter, American Academy of Pediatrics

New York State, American Academy of Pediatrics – Chapter 2
New York State, American Academy of Pediatrics – Chapter 3

North Dakota Chapter, American Academy of Pediatrics

NoSo November

Nova Luna Inc dba Ai Pono Hawaii

Ohio Chapter, American Academy of Pediatrics

Oklahoma Chapter, American Academy of Pediatrics

Oliver-Pyatt Centers

Online Harms Prevention Work Group, Screen Time Action Network at Fairplay

Opal: Food+Body Wisdom

PACT

Parents Television and Media Council

Parents Who Fight

ParentsTogether Action

Paving the Way Foundation

Pennsylvania Chapter, American Academy of Pediatrics

Policy Initiatives Institute

Porn Free Colorado

Postpartum Support International

Project HEAL

Project STAND

Prosperity Eating Disorders and Wellness
Protect Young Eyes
Public Citizen
Realized Potential Inc
REDC Consortium
Rego Payment Architectures Inc.
Renfrew Center
RI International
Rosewood Center for Eating Disorders
Rudd Center for Food Policy & Health
Sandy Hook Promise
Screens in Schools Work Group, Screen Time Action Network at Fairplay
SEA WAVES, Inc
Society for Digital Mental Health
Society for Research in Psychopathology
Society of Clinical Child and Adolescent Psychology, Division 53, APA
Stop Predatory Gambling and the Campaign for Gambling-Free Kids
Strategic Training Initiative for the Prevention of Eating Disorders
Student Data Privacy Project
SunCloud Health
Tennessee Chapter, American Academy of Pediatrics
Therapy for Black Kids
TMS Consulting, PC
Twig &Thread Consulting
Utah Chapter, American Academy of Pediatrics
Veritas Collaborative
Vermont Chapter, American Academy of Pediatrics
Victus Counseling & Nutrition Services
Vote For Freedom
Walden Eating Disorders Treatment
Waldorf Early Childhood Association of North America
Washington Chapter, American Academy of Pediatrics
Washington Nature Preschool Association (WaNPA)
Washington University School of Medicine Center for Healthy Weight and Wellness
Wealth Management Ministries-Prevention Works Joint Task Force and Coalition
West Virginia Chapter, American Academy of Pediatrics
Western NY Comprehensive Care Center for Eating Disorders
Will County Health Department
Wired Human
WithAll
Within Health
Wyoming Chapter, American Academy of Pediatrics
YCA Human Trafficking Task Force